



Participant Packing List

Last updated 9/29/26

The following is an extensive list designed to prepare participants for a diverse array of challenges they may face on our bike tour. There are plenty of tutorials available online regarding DIY equipment, and odds are high that someone you know has equipment they can lend you.

Please contact us for support in building your own systems for this trip. Each participant is expected to carry the following items on their own person. Extensive technical repair and first aid kits will be assembled and carried by REANIMATOR staff.

The Two Essentials

- * Bike
- * Helmet

Gear Storage

- * Frame Bag (inside the main triangle of the bicycle)
- * Handlebar bag
- * Bicycle Rack
- * Panniers (optional)
- * Trailer (optional)
- * Saddlebag (optional)

Bike Accessories

- * Headlight
- * Taillight
- * Lock (nothing too heavy, we won't be far from our bikes during this program. Staff will be bringing cable locks)
- * Cycling computer/GPS/cellphone with bike app (Your phone works great. The apps we'll be using are RideWithGPS and GAIAGPS.)
- * Fenders (you can find them locally or make them yourself. Just ways to keep the water/mud off of you while riding)
- * Water bottles with cages
- * Straps/bungee cords. An old bicycle inner tube works great.

Core Repair Items

- * Spare tube or tubes (and/or patch kit)
- * Pump

- * Tire levers
- * Cycling multi-tool (with Allen wrenches)
- * Replacement chain quick-links (same size as your current chain)
- * Chain breaker tool
- * Quick links
- * Upholstery needle
- * Artificial sinew / polyester thread
- * Multitool

Camping Basics

- * Sleeping bag
- * Sleeping pad
- * Tent or tarp w/ ground cloth
- * Eating Utensil
- * Personal cooking pot
- * Personal Stove
- * Stove Fuel
- * Lighter
- * Some cordage
- * Knife / Multitool
- * Headlamp
- * Personal first aid kit
- * Waterproof dry bag

Clothing (please anticipate the clothing getting dirty - fake blood, mud, etc.)

- * Long sleeve shirt w/ hood for sun protection
 - * Lightweight pants
 - * Shorts
 - * Gloves
 - * 3 Pairs wool socks
 - * Bandana
 - * Cycling cap
 - * 4 Pairs wicking Underwear
 - * Sweatshirt
 - * Vest
 - * Down Jacket
 - * High Viz Vest REQUIRED

For Sleeping:

- * Fleece leggings
- * Long sleeve shirt
- * Beanie
- * Sleep Socks

Weather Protection

- * Rain Jacket
- * Rain Pants
- * Windbreaker

Personal Items

- * Eye protection (sunglasses or clear lenses)
- * Personal First Aid kit
- * Toilet paper/tissue
- * Wet Wipes!
- * Sunscreen
- * Lip balm
- * Insect repellent
- * Small, quick-dry towel
- * Toiletries
- * Cell phone
- * Cash/credit card/ID
- * Menstrual Kit (great writeup [HERE](#))

Still have questions? Send us an email:

support@reanimator.work